

# PRIMARY SCHOOL 2022 (CHOICE MENU)

**school  
food**

*try something new today*  
[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, salad,  
fruit, yoghurt,  
milk and water  
are available daily.**

**If you require any  
additional  
information on  
allergens or special  
diet please contact  
the school in the  
first instance**



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> W/C 03/01/2022 31/01/2022 28/02/2022	Pasta Bolognese Oven Baked Sausages, Diced Carrots / Gravy Crusty Bread Creamed Potatoes / Salad  Fruit Sponge /Fruit/Custard <b>(H)</b>	Chicken Curry & Rice Naan Bread / Gravy Oven Baked Fish Creamed & Baked Potatoes White Sauce / Salad Peas / sweetcorn  Fresh Fruit / Yoghurt <b>(RMF)</b>	Roast Beef Stuffing & Gravy Dry Oven Roast Mashed Potatoes / Salad Cabbage / Carrots  Artic Roll / Fruit Salad <b>(H)</b>	Cheese & Tomato Pizza Chicken Pasta Bake Creamed & Baked Potatoes Mixed Veg / Broccoli Gravy / Salad  Flakemeal Biscuit & Milkshake <b>(RMF)</b>	Beef Burger & Bap Wraps Chicken/Cheese/Ham Baked beans / Carrots Salad / gravy Chips / Mashed Potatoes  Fresh Fruit / Frozen Yoghurt
<b>Week Two</b> W/C 10/01/2022 07/02/2022 07/03/2022	Brown stew Oven Baked Fish/Parsley Sauce Diced carrots / Gravy Mash / Baby boiled potato Salad  Rice Pudding & Fruit Cheese & Crackers <b>(H)</b>	Chicken Curry & Rice Beef burger / Naan Bread Broccoli / Gravy / Salad Creamed & Baby Boiled Potatoes  Apple Sponge & Custard Fruit	Roast Loin of Pork Stuffing & Gravy / Salad Dry Oven Roast & Creamed Potatoes Baton Carrot / Cabbage Wholemeal Biscuits Fruit / Custard <b>(H)</b>	Hot Dogs Tuna Pasta Bake Creamed Potatoes / Gravy Salad  Fruit Cookie / Fruit Custard <b>(RMF)</b>	Cheese & Tomato Pizza Chicken Goujons Baked beans / Mixed Veg Chips / Mashed Potatoes Salad / Gravy  Frozen Mousse / Fresh Fruit Custard <b>(RMF)</b>
<b>Week Three</b> W/C 17/01/2022 14/02/2022 14/03/2022	Oven Baked Sausages Beef Lasagne / Salad Creamed Potatoes / Salad Baked potatoes / Gravy Broccoli / Carrots Crusty Bread  Fresh Fruit / Yoghurt	Salmon Fish Cakes Fish Fingers / White Sauce Chicken Curry & Rice / Salad Peas/Sweetcorn/Naan Bread Creamed Potatoes  Fruit Muffin / Fruit Custard <b>(RMF) (H)</b>	Roast Chicken/Turkey Stuffing & Gravy Dry Oven Roast Mashed Potatoes Cabbage / Carrots  Date Krispie & Custard <b>(RMF) (H)</b>	Hot Chicken Paninis Beef Burgers Mixed Vegetables Creamed Potatoes / Gravy Salad / Gravy  Ice cream & Fruit	Chicken Wraps Cheese & Tomato Pizza Baked Beans / Peas Salad / Gravy Chips / Mashed Potatoes  Fruit Frozen Moose
<b>Week Four</b> W/C 24/01/2022 21/02/2022 21/03/2022	Oven Baked Fish Chicken Curry & Rice Naan Bread / White Sauce Salad / Mixed Veg / Gravy Creamed & Baby Potatoes Date & Oat Cookies Custard / Fruit <b>(RMF)</b>	Chicken Goujons Cottage Pie / Gravy Broccoli / Carrots / Salad Creamed & Baked Potatoes  Chocolate Brownie	Roast Beef / Pork Stuffing & Gravy Dry Oven Roast Creamed Potatoes Turnips / Carrots / Salad Jelly / Fruit Salad / Custard <b>(H)</b>	Pasta Bolognese Cheese & Tomato Pizza Mixed Vegetables Green Beans Creamed Potatoes / Gravy Frozen Yoghurt / Fresh Fruit <b>(H)</b>	Oven baked Sausages Chicken & Cheese Paninis Baked Beans / Sweetcorn Gravy / Salad Chips / Creamed Potatoes Fruit Muffin Fruit / Custard <b>(RMF)</b>

**RMF = Red Meat Free**  
**H = Healthy**

**W/C = Week Commencing**

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