

PRIMARY SCHOOL Sep - Oct 2021 (CHOICE MENU)

**school
food**

Try Something New today
www.schoolfoodni.com

**Bread, salad,
fruit, yoghurt,
milk and water
are available daily.**

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 30/08/2021 27/09/2021	Pasta Bolognese Oven Baked Sausages, Diced Carrots / Gravy Mashed Potatoes / Salad Fruit Sponge /Fruit/Custard (H)	Chicken Curry & Rice Naan Bread / Gravy Oven Baked Fish Mashed Potatoes Parsley Sauce / Salad Peas / sweetcorn Fresh Fruit / Yoghurt (RMF)	Roast Gamon Stuffing & Gravy Dry Oven Roast Mashed Potatoes Cabbage / Carrots Artic Roll / Fruit Salad (H)	Pizza Pasta Bake Creamed & Baked Potatoes Mixed Veg / Broccoli Gravy / Salad Flakemeal Biscuit & Milkshake (RMF)	Beef Burger & Bap Wraps Baked beans / Carrots Salad / gravy Chips / Mashed Potatoes Fresh Fruit / Frozen Yoghurt
Week Two 06/09/2021 04/10/2021	Brown stew Oven Baked Fish/Parsley Sauce Diced carrots / Gravy Mash / Baby boiled potato Salad Rice Pudding & Fruit Cheese & Crackers (H)	Chicken Curry & Rice Beef burger / Naan Bread Broccoli / Gravy / Salad Creamed & Baby Boiled Potatoes Apple Sponge & Custard Fruit	Roast Chicken Stuffing & Gravy Dry Oven Roast & Creamed Potatoes Baton Carrot / Cabbage Flakemeal Biscuits Fruit / Milkshake (H)	Hot Dogs Pasta Bake Creamed Potatoes / Gravy Salad Fruit Yoghurt (RMF)	Cheese & Tomato Pizza Chicken Nuggets Baked beans / Mixed Veg Chips / Mashed Potatoes Salad / Gravy Frozen Mousse / Fresh Fruit Custard (RMF)
Week Three 13/09/2021 11/10/2021	Oven Baked Sausages Beef Lasagne / Salad Creamed Potatoes / Salad Broccoli, Gravy Fresh Fruit / Yoghurt	Salmon Fish Cakes Fish Fingers / White Sauce Chicken Curry & Rice / Salad Peas/Sweetcorn/Naan Bread Creamed Potatoes Fruit Muffin / Fruit Custard (RMF) (H)	Roast Chicken Stuffing & Gravy Dry Oven Roast Mashed Potatoes Cabbage / Carrots Mousse, Fruit (RMF) (H)	Hot Chicken Paninis Bacon Rolls Mixed Vegetables Creamed Potatoes / Gravy Salad / Gravy Ice cream & Fruit	Pizza Beef Burgers Baked Beans / Peas Salad / Gravy Chips / Mashed Potatoes Fruit Yoghurt Rice Pudding
Week Four 20/09/2021 18/10/2021	Oven Baked Fish Chicken Curry & Rice Naan Bread / White Sauce Salad / Mixed Veg / Gravy Creamed & Baby Potatoes Cookies Custard / Fruit (RMF)	Chicken Goujons Cottage Pie / Gravy Broccoli / Salad Creamed & Baked Potatoes Frozen Yoghurt Fruit	Roast Chicken Stuffing & Gravy Dry Oven Roast Creamed Potatoes Turnips / Carrots Jelly / Fruit Salad / Custard (H)	Pasta Bolognese Cheese & Tomato Pizza Mixed Vegetables Beans Creamed Potatoes / Gravy Frozen Yoghurt / Fresh Fruit (H)	Oven baked Sausages Chicken & Cheese Paninis Baked Beans / Sweetcorn Gravy / Salad Chips / Creamed Potatoes Muffin Fruit (RMF)

RMF = Red Meat Free
H = Healthy

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